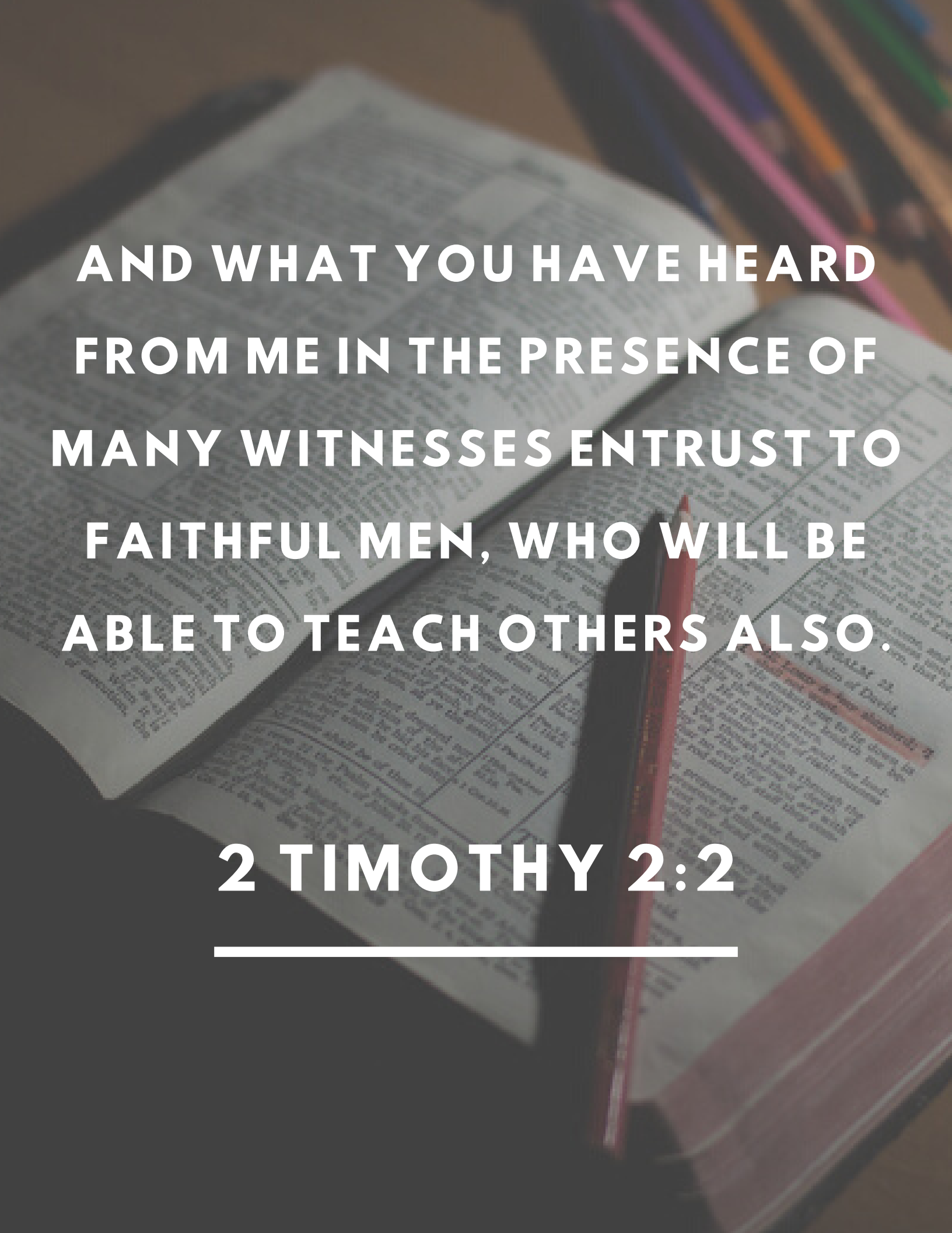


D-GROUP

STARTER / MULTIPLY GUIDES





**AND WHAT YOU HAVE HEARD
FROM ME IN THE PRESENCE OF
MANY WITNESSES ENTRUST TO
FAITHFUL MEN, WHO WILL BE
ABLE TO TEACH OTHERS ALSO.**

2 TIMOTHY 2:2

TABLE OF CONTENTS

3 STARTER GUIDE

5 WEEK 1: GETTING STARTED

**9 WEEK 2: H.E.A.R. JOURNALS & SCRIPTURE
MEMORY**

14 WEEK 3: ACCOUNTABILITY & PRAYER

17 MULTIPLY GUIDE

19 CONVERSATION 1: WHY, WHO, AND WHEN

**21 CONVERSATION 2: IDENTIFY POTENTIAL
MEMBERS**

**23 CONVERSATION 3: INVITE POTENTIAL
MEMBERS**

**26 CONVERSATION 4: CELEBRATE AND
COMMISSION**

27 RESOURCES

A vintage, sepia-toned map of Europe serves as the background. A black car is positioned on the right side of the map, appearing to drive across it. The map shows various countries, cities, and geographical features in a classic cartographic style.

**"GO THEREFORE AND MAKE
DISCIPLES OF ALL NATIONS..."**

- JESUS

MATTHEW 28:19



D-GROUP

STARTER GUIDE

D-GROUP STARTER GUIDE

HOW TO USE THIS GUIDE:

The next 12 months of your life will be an exciting time as you enter a season of accelerated spiritual transformation. The D-Group environment encourages us to engage with God's Word and His people in a way that most of us never have before. As His Spirit works in our lives, it creates a passion to help others experience the same thing.

The D-Group Starter Guide is an interactive booklet that introduces each element of the group and helps your group start strong. We would encourage each member of the group to have a booklet and use it to guide you through the first few weeks of meetings.

This resource will help your group have three important conversations:

WEEK 1 - GETTING STARTED:

During the first meeting you will set clear expectations for the group and get to know one another. This booklet provides a couple of simple exercises to help you lay a strong foundation for your group!

WEEK 2 - INTRODUCING H.E.A.R. JOURNALS & SCRIPTURE MEMORY:

In the second week, you will begin to get into the rhythm of the five weekly disciplines. You will learn what a H.E.A.R. Journal is and why Scripture Memory is so important.

WEEK 3 - INTRODUCING ACCOUNTABILITY & PRAYER:

During the third week you will continue your weekly rhythm through the disciplines while also introducing your second accountability question and explaining how you will pray for one another.

GETTING STARTED

WEEK 1

Welcome to week one of D-Group! Today's meeting will look different than your normal weeks. You will focus on getting to know one another, setting expectations, and committing to one another. Get ready for the amazing months ahead!

GETTING TO KNOW ONE ANOTHER

Below are a list of questions you can discuss as a group. You most likely will not have time to go through all of them, but pick 1-2 and designate half your meeting time to discussing them.

- ***Share a 2-3 minute version of your testimony.***
- ***What are you most looking forward to in this group?***
- ***Tell us about your family, work, and personal hobbies.***
- ***What is one thing that you are excited or intrigued by right now?***

NOTE

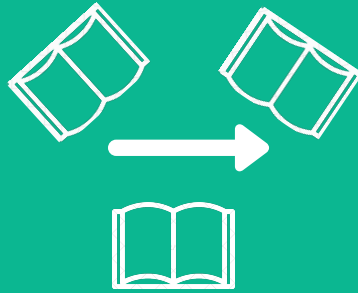
In the future, you can spend more time getting to know one another. A great way to do this is by asking a different member each week to share their story in 7-10 minutes.

SET EXPECTATIONS

It's important that we all have the same expectation for this group. Below is an image called the D-Group DNA. This image and the next couples of pages explain what is unique about this D-Group

WEEKLY DISCIPLINES

SCRIPTURE MEMORY
BIBLE READING (F-260 PLAN)
H.E.A.R. JOURNAL
ACCOUNTABILITY
PRAYER



MARCS OF A DISCIPLE

MISSIONAL
ACCOUNTABLE
REPRODUCIBLE
COMMUNAL
SCRIPTURAL

WHAT WILL WE DO?

1 TIMOTHY 4:7-8

"Have nothing to do with godless myths and old wives' tales; rather, train yourself to be godly. For physical training is of some value, but godliness has value for all things, holding promises for both the present life and the life to come."

We train in godliness by weekly committing to the five disciplines.

FIVE WEEKLY DISCIPLINES

1. Accountability
2. Bible Reading (F260)
3. H.E.A.R. Journal
4. Prayer
5. Scripture Memory

Which of the five weekly disciplines are you currently doing well?

Which do you need to grow in the most?

WHAT WILL GOD DO?

2 TIMOTHY 3:16-17

"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work."

HEBREWS 4:12

"For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart."

Each of these verses speak to how the Holy Spirit uses God's Word to change our lives. Though we commit to the disciplines above, it is not our effort that changes us, but the Holy Spirit through His Word. The disciplines provide room in our lives for God to work.

WHAT WILL HAPPEN?

As we allow the Word of God to work in our lives we will see its impact through five areas known as the MARCS of a Disciple.



MISSIONAL

A disciple engages with those unengaged with the church.



ACCOUNTABLE

A disciple is real with oneself, God, and others.



REPRODUCIBLE

A disciple invests in men and women who are of F.A.I.T.H. (Faithful, Available, Intentional, Teachable, Hungry)



COMMUNAL

A disciple intentionally shares life with other believers.



SCRIPTURAL

A disciple experiences intimacy with Christ through regularly reading, meditating, and obeying God's Word.

D-GROUP COVENANT

OVER THE NEXT TWELVE TO EIGHTEEN MONTHS, I WILL DO MY BEST TO...

- Give myself fully to the Lord during this time as I anticipate a season of accelerated spiritual transformation.
- Commit to this group and consider how I may best spur others on in their relationship with Jesus.
- Meet weekly with my D-Group (60-90 minutes). When unable, I will stay involved through sharing H.E.A.R. Journals and prayer requests.
- Commit to the five weekly disciplines: Bible Reading, H.E.A.R. Journals, Scripture Memory, Accountability, and Prayer.
- Contribute to a group atmosphere of confidentiality, honesty, and transparency.
- Pray every week for the other members of my D-Group and those in my life who don't know Jesus.
- Pray and look for others in my life who I can invite into a new D-Group when my current group decides to multiply.

Signed Member: _____

Signed Leader: _____

Date: __/__/____

THIS WEEK

Begin reading your F260 Bible Reading Plan. (NOTE: Day 1 of each week is Monday and the weekends are for you to catch up on the readings). Try to do a H.E.A.R. Journal on your favorite reading this week.

H.E.A.R. JOURNALS & SCRIPTURE MEMORY

WEEK 2

Every week we will follow the same rhythm that includes each of the five weekly disciplines. The example below is meant to be a helpful guide. Ultimately, the pace and content of the conversation is set by the discernment of the leader. The times will vary depending on the length of your D-Group meeting and the amount of people in your group. Today, we will introduce two disciplines: H.E.A.R. Journals and Scripture Memory.

NORMAL D-GROUP RHYTHM

FELLOWSHIP

10 minutes // Spend the first ten minutes catching up. If you want, you can be more structured in this time and have each person share his or her “high” and “low” of the week.

SCRIPTURE MEMORY

10 minutes // Spend the first ten minutes catching up. If you want, you can be more structured in this time and have each person share his or her “high” and “low” of the week.

BIBLE READING AND H.E.A.R. JOURNALS

25-35 minutes // As you share H.E.A.R. Journals, a great question to ask is: **“Which of your H.E.A.R. Journals stood out the most to you this week and what are you doing about it?”**

ACCOUNTABILITY

10-20 minutes // In addition to our H.E.A.R. Journal question, we always ask: **“How have you prayed for and invested in your ONE this week?”** If there is additional time, you can discuss a question from the Accountability Questions

PRAYER

10 minutes // Finish the time by having each person share something **specific** and **personal** that the group can pray for.

WHAT IS A H.E.A.R. JOURNAL?

A H.E.A.R. Journal is a simple way to help you read the Bible with the intention of applying it. By asking four simple questions, you can understand and apply any passage. In addition, journaling is a great discipline because it helps you retain three times more of what you read.

Every week, each of us will share a H.E.A.R. Journal and discuss what we have heard from God's Word. There is not a set amount of H.E.A.R. Journals that you must do each week, but the goal with this discipline, as with all of the others, is to improve as time goes on. Consider how often you currently journal and do "+1" of that. So, if you have never journaled, just try to do a couple a week. If you journal occasionally, try to do three times a week. The hope is that as you get more comfortable with this discipline and experience its benefit, you will want to increase this number throughout the year.

Take a look at the H.E.A.R. Journal example. As you read through your reading plan this week, create a H.E.A.R. Journal by using these four questions.

H (HIGHLIGHT)

What is a verse(s) that stood out to you in your reading?

E (EXPLAIN)

What is the author's intended meaning in the context of the passage?

A (APPLY)

What is the principle to live by today?

R (RESPOND)

How will I respond to the application in my relationships and/or situations this week?

SAMPLE H.E.A.R. JOURNAL

READ: P H I L I P P I A N S 4 : 1 3

DATE: J A N U A R Y 1 0 , 2 0 1 9

TITLE: SECRET OF CONTENTMENT

H (Highlight) - "I am able to do all things through Him who strengthens me."
Philippians 4:13

E (Explain) - Paul was telling the church at Philippi that he has discovered the secret of contentment. No matter the situation in Paul's life, he realized that Christ was all he needed, and Christ was the one who strengthened him to persevere through difficult times.

A (Apply) - In my life, I will experience many ups and downs. My contentment is not found in circumstances. Rather, it is based on my relationship with Jesus Christ. Only Jesus gives me the strength I need to be content in every circumstance of life.

R (Respond) - Lord Jesus, please help me as I strive to be content in You. Through Your strength, I can make it through any situation I face.

GOOD APPLICATION QUESTIONS FOR EXAMINING A TEXT:

- *What does this text teach me about God?*
- *What does this text teach me about fallen humanity that requires the grace of God?*
- *How does this text point to Christ?*
- *What do I need to know?*
- *Is there a promise to claim?*
- *What do I need to do?*
- *Is there an action or attitude to avoid or embrace?*
- *Is there a principle to apply?*

“OUR GOAL IN DISCIPLESHIP IS NOT THE TRANSFER OF INFORMATION BUT TRANSFORMATION.”

HOW WILL WE DO SCRIPTURE MEMORY?

"I know of no other single practice in the Christian life more rewarding, practically speaking, than memorizing Scripture... No other single exercise pays greater spiritual dividends! Your prayer life will be strengthened. Your witnessing will be sharper and much more effective. Your attitudes and outlook will begin to change. Your mind will become alert and observant. Your confidence and assurance will be enhanced. Your faith will be solidified." - Chuck Swindoll

Every week, we will have a verse that we will memorize. This is a largely neglected discipline that has amazing benefit for the believer. **The discipline's purpose is to store God's Word in our heart (Psalm 119:11).** For this reason, we do not want to only memorize verses, but to meditate on them as we do it. Once everyone recites the verse, the group will discuss what stood out to them as they meditated on it.

The more aligned our group is in this discipline, the more beneficial it will be. The group can decide this together along with what translation people prefer. Though it is not required to use the same translation, it benefits everyone when we are able to work as a team to say the same verse in the same translation. Lastly, we will periodically review verses that we have done in the past.

- ***What experience do you have with Scripture Memory?***
- ***How could you see Scripture Memory being beneficial in your life?***
- ***What verses will we commit to and what translation will we use?***
- ***How can we be intentional about reviewing verses so that we don't forget them?***

ACCOUNTABILITY & PRAYER

WEEK 3

This week, we will continue our normal rhythm of D-Group through the five weekly disciplines. We will spend extra time on the accountability and prayer section as we introduce this element more fully into the group.

WHO'S YOUR ONE?

We want every believer to identify ONE person in their life who is far from God and intentionally pursue that person with the hope of the gospel by praying, investing, and inviting. As a D-Group, we continually encourage and hold each other accountable to be intentional with this relationship.

Once you identify who this person is, we want to commit to doing three things:

PRAY - We will pray daily for these names. We will ask God to make them aware of Christ's love and their need for Him (2 Cor. 4:4; Matt.13:15) and to give them the faith to repent and believe (Acts 20:21; Romans 10:9-10).

INVEST - We will create ways to invest weekly in these people's lives. Our hope is to build a relationship where we can share Christ's love with them (1 Cor. 9:19-23). As we invest in someone's life, we build trust, which creates more opportunities to share the Gospel.

INVITE - As we pray and invest, we invite them to the next right thing. The ideal would be to share your faith and invite them to enter into a personal relationship with Jesus Christ. When people aren't there yet, we can invite them to belong in our community before they believe. We do this by inviting them to Sunday School, a church outreach event, or a Sunday morning service.

During the accountability time of our D-Group each week, we will ask "How have you been praying and investing in your ONE this week?" How exciting would it be if they come to know Jesus and then joined your next D-Group!

ACCOUNTABILITY QUESTIONS

CORE QUESTIONS

Each week, we ask these two questions:

Which of your H.E.A.R. Journals stood out the most to you this week and what are you doing about it?"

How have you been praying for and investing in your ONE this week?

ADDITIONAL QUESTIONS

When there is additional time, we may ask the following questions. One suggestion is to ask each person to circle the question that they need to be asked the most often.

Have you honored God and your spouse with your thoughts, words, and actions this week?

Have you spent quality time with your family this week?

Have you given in to any addictive behavior this past week? (alcohol, tobacco, video games, work, TV, etc.)

Have you told any lies or half-truths this week?

Have you damaged another person by your words, either behind his or her back or face-to-face?

Have you participated in anything unethical this week? Have you been completely honest with your answers today?

NOTES



D-GROUP

MULTIPLY GUIDE

D-GROUP MULTIPLY GUIDE

HOW TO USE THIS GUIDE:

As you approach the final three months of your D-Group, it's important to look to the future to consider how you can invest in others just as the People in your group have invested in you. Take a moment and consider the last nine months. Think of the peaks and valleys you have been through. Think about the growth you have seen in your relationship with Jesus because of this group. Think about how significant the relationships are with the members of your group.

When we consider all the benefits, why would you want to mess up a good thing? It's normal for our initial response to be to stay together, but aren't you so glad that the disciples didn't do that? They left their community so others could find it. All throughout the Bible we see a theme of being "sent people" who never allow the blessings of the gospel to stop with them. Instead they embrace the promise God gave to Abraham that we are blessed to be a blessing.

With this idea in mind, think about your family, friends, Life Group members, co-workers and more. Who in your life would benefit from a group like this. We know that it can be intimidating to lead a D-Group on your own. That is why we developed the D-Group Multiply Guide. This is an interactive booklet to help you transition from your current group into your future groups.

This booklet will help facilitate four group discussions over the next months:

CONVERSATION 1 - Why, Who, and When

Approximately 12 weeks before multiplication date

CONVERSATION 2 - Identify Potential Members

Approximately 11 weeks before multiplication date

CONVERSATION 3 - Invite Potential Members

Approximately 9 weeks before multiplication date

CONVERSATION 4 - Celebrate and Commission

Last Week

CONVERSATION 1



WHY DO WE MULTIPLY?

Have a member read each of these three verses: *Genesis 12:1-3, Matthew 28:16-20, and 2 Timothy 2:1-2.*

All throughout the Bible, we see our identity as “sent people.” God never intended for the Gospel to stop with us, but for us to take it to others. As believers, we launch out of the comforts of our current community to create a place where new people can experience the same blessings we have. Jesus left his heavenly community to come to earth to save us. The disciples left their community in Jerusalem to take the Gospel to the ends of the earth. And most likely someone in your life left the comfort of their community to invest in you. We now have the privilege to join this movement as we provide the same life-changing community to others that we have received from this group.

WHY DO WE MULTIPLY?

As we prepare to multiply, which best describes your current posture?

- **Green Light** – I am ready to start my own group!
- **Yellow Light** – I am willing, but have some cautions.
- **Red Light** – I will not be leading a new group in the upcoming season.

There can be several different barriers that prevent us from multiplying, below are six of the most common. Which multiplication barrier best describes how you feel and why?

- **Theology:** I don’t know if God has called me to multiply.
- **Community:** I don’t want to leave my current group.
- **Practical:** I don’t know how to multiply and start a new group.
- **Qualification:** I don’t feel qualified to lead others.
- **Availability:** I don’t feel like I have the time to lead others.
- **People:** I don’t know who I would invite.

As you talk through your current barrier, identify if you are telling God “Not Now,” or if God is telling you, “Not Now.” **Should this barrier prevent you from starting a new group in some capacity and why?**

If you do not plan on leading a D-Group, what is your plan to surround yourself in Biblical Community? What is your plan to make disciples?

WHEN WILL WE MULTIPLY?

As we near the end of our group, what obstacles, if any, do you foresee that would prevent you from being ready at this time?

Based on our conversation today, what would be the best target date for our group to multiply and start new groups?

MONTH _____ **DAY** _____ **YEAR** _____

NEXT WEEK

We will brainstorm names of people that we could potentially invite into our next D-Group. These people need to be men and women of F.A.I.T.H. Over the next week, pray about who you could invite and we will discuss.

Also over the coming weeks, we will rotate who leads the group. Before launching out, we will all have the opportunity to facilitate the time through our five weekly disciplines.

CONVERSATION 2



IDENTIFY POTENTIAL MEMBERS

As a group, read the article below and walk through the exercise.

As with everything in the discipleship process, we take our cues from Jesus. Before He selected disciples, He spent time in prayer (Luke 6:12-16), so that's where we should begin. Ask God to make it clear to you, regarding the 2-4 people you should invite into your D-Group.

Remember this may be someone who has been following Jesus for two months or two decades.

Some of the best people to invite into your D-Group are those who don't know what the Christian life is all about, but they are "all about" the Christian life.

On the next page, we will walk through a group exercise to identify potential people in our lives that we can invite into our future D-Groups. As you write down who you want to pray for, you want to look for men and women of F.A.I.T.H. (Faithful, Available, Intentional, Teachable, and Hungry). Here are three questions to help you discern if they would be good for your next D-Group.

- **Are they faithfully following Jesus in the current stage of their faith journey?**
- **Are they available enough to fulfill the time commitment of a D-Group?**
- **Do they display a humble desire to learn from those around them?**

Each member will then fill in the black box with a list of potential D-Group members who they would answer positively for the three questions above.

The two most helpful places to begin thinking through future members is your current Sunday School Class.

Once each person has filled out their personal box, have each member share about their names and why they would be a good person to invite into their group. As other members share, write their name and their list in the red boxes so that you can pray for them in the weeks ahead.

GROUP EXERCISE

On the **the lines below**, write the names of people you think you should invite into your next D-Group.

In the **green boxes**, write the names of those your fellow group members are planning to ask so that you can pray for them by name.

MY POTENTIAL D-GROUP:

<div></div>	<div></div>
<div></div>	<div></div>
<div></div>	<div></div>

CURRENT MEMBER:	CURRENT MEMBER:	CURRENT MEMBER:
<div></div>	<div></div>	<div></div>
<div></div>	<div></div>	<div></div>
<div></div>	<div></div>	<div></div>
<div></div>	<div></div>	<div></div>

CURRENT MEMBER:	CURRENT MEMBER:	CURRENT MEMBER:
<div></div>	<div></div>	<div></div>
<div></div>	<div></div>	<div></div>
<div></div>	<div></div>	<div></div>
<div></div>	<div></div>	<div></div>

Spend the **next two weeks** praying over these names. If you do not have a name yet, pray for God to provide one. Hold off on inviting these people. Our next group conversation will cover how we can invite people in a way that sets our future D-Groups up for success. Also over the coming weeks, we will rotate who leads the group. **Who wants to lead our next D-Group Meeting?**

CONVERSATION 3



INVITING POTENTIAL MEMBERS

As a group, read the article below and answer the questions in red.

A clear and faithful D-Group invitation is the foundation of a healthy group. A good D-Group invitation involves asking the right person and setting the right expectations. If we do not make sure to do both of these things, we as leaders will have to spend a significant amount of time getting the group to understand its purpose and expected commitment level.

ASKING THE RIGHT PERSON

As we mentioned a couple weeks ago, we are looking for men and women of F.A.I.T.H. It is important for you to make an honest assessment of those you are planning to ask. There will be temptation to invite someone who doesn't meet all of the characteristics. You may even say something like, "I think D-Group will be what he needs to become faithful." This should not be someone we push into D-Group, but instead allow them to continue to grow in a Life Group until we can answer yes to all five characteristics.

A D-Group invitation should never be an opportunity to prove faithfulness, but always extended as a response to faithfulness. Inviting someone who is not F.A.I.T.H.ful will negatively impact the individual and the commitment level of the group.

As you have prayed over your list of people, do you feel like each person is a man or woman of F.A.I.T.H.?

What, if any, concern do you have about any potential member(s)?

SETTING THE RIGHT EXPECTATIONS

Another part of a D-Group invitation is to set the right expectations. There is a popular phrase, “What you win them with, you win them to.” People are joining your group based off your summary of its purpose and description. Your invitation sets their expectation. Therefore, if we give an incomplete picture of a D-Group, we can expect an incomplete commitment from the group.

We must then make sure that the vision of the group is clear and the commitment level of the group is understood. When we faithfully describe a D-Group and people join with a clear vision and high commitment, it will be much easier for your group to grow together and multiply in the future.

On page 14 you will see the D-Group Overview. This shares the vision of the D-Group, the commitment level, and the meeting details. As you begin to have discussions with potential members, print out this invitation. When you finish explaining the group concept, a helpful question to ask is “Would this be something that you are interested in and able to commit to?” **How and when do you expect to invite your list to join your future D-Group?**

OVER THE NEXT 4 WEEKS

Use the D-Group Overview as a guide and invite your potential members to join your group. Do your best to invite them face-to-face (in-person or via video call).

NEXT WEEK

Who wants to lead our D-Group Meeting?

D-GROUP

OVERVIEW

WHAT IS A D-GROUP?

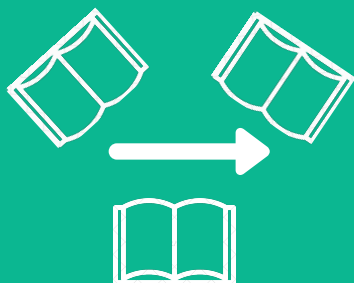
A D-Group is a gender-specific, closed group of 3-5 believers that meet weekly for 12-18 months for accelerated spiritual transformation.

WHAT TO EXPECT?

Below shows what D-Group members commit to weekly in their personal life (weekly disciplines+ weekly meeting) and how God will grow them in five different areas over the next 12-18 months (MARCS of a Disciple)

WEEKLY DISCIPLINES

SCRIPTURE MEMORY
BIBLE READING (*F-260 PLAN*)
H.E.A.R. JOURNAL
ACCOUNTABILITY
PRAYER



MARCS OF A DISCIPLE

MISSIONAL
ACCOUNTABLE
REPRODUCIBLE
COMMUNAL
SCRIPTURAL

WHAT'S THE COMMITMENT?

Give yourself fully to the Lord during this time as you anticipate a season of accelerated spiritual transformation.

Meet weekly as a D-Group (60-90 minutes).

When unable, you will stay involved through sharing H.E.A.R. Journals and prayer requests.

Commit to the five weekly disciplines (Bible Reading, H.E.A.R. Journals, Scripture Memory, Accountability, and Prayer.)

Contribute to a group atmosphere of confidentiality, honesty, and transparency.

Pray weekly for fellow D-Group members and those in your life who don't know Jesus.

Pray and look for those in your life who you could invite into your new D-Group once this current group multiplies.

CONVERSATION 4



CELEBRATE & COMMISSION

Celebrate *Have each person share their response to each of the questions below.*

How has this group been with you through the peaks and valleys of this last year?

How have you seen other members in your group grow during this season?

As sad as it is to no longer meet weekly, how much of a blessing will it be if we expand what we have experienced to future groups?

Commission

After you have celebrated as a group, use the following exercise to know who and what to pray for in the coming weeks. Have each leader share their answer to the two questions below. Encourage the whole group to write down what each person shares.

Who is currently committed to your group for the upcoming year?

When will your future D-Group start? ____/____/____

How can this group pray for you specifically as you step into leading this group?

RESOURCES

EXAMPLE D-GROUP MEETING

Every week we will follow the same rhythm that includes each of the five weekly disciplines. The example below is meant to be a helpful guide, but it is far from an exact science. Ultimately, the pace and content of the conversation is set by the discernment of the leader. The times will vary depending on the length of your D-Group meeting and the amount of people in your group.

NORMAL D-GROUP RHYTHM

FELLOWSHIP

10 minutes // Spend the first ten minutes catching up. If you want, you can be more structured in this time and have each person share his or her “high” and “low” of the week.

SCRIPTURE MEMORY

10 minutes // Spend the first ten minutes catching up. If you want, you can be more structured in this time and have each person share his or her “high” and “low” of the week.

BIBLE READING AND H.E.A.R. JOURNALS

25-35 minutes // As you share H.E.A.R. Journals, a great question to ask is: **“Which of your H.E.A.R. Journals stood out the most to you this week and what are you doing about it?”**

ACCOUNTABILITY

10-20 minutes // In addition to our H.E.A.R. Journal question, we always ask: **“How have you prayed for and invested in your ONE this week?”** If there is additional time, you can discuss a question from the Accountability Questions

PRAYER

10 minutes // Finish the time by having each person share something **specific** and **personal** that the group can pray for.

RESOURCES

GROUP LEADER PODCAST



Subscribe to get practical advice for you as a Group Leader. In 15-20 minute episodes, we tackle FAQs like:

- Why we NEED both groups
- How to have better H.E.A.R. Journal discussions
- How to handle commitment issues

<https://replicate.org/subscribe-to-group-leader-podcast/>

DISCIPLE HER PODCAST



Disciple Her is a Podcast for women with the purpose of equipping leadership through Discipleship.

We will dive deep into important topics regarding what discipleship is and what it is not. We will discuss how to lead yourself so that you can lead others. This podcast is to help leaders equip women to be disciples and make disciples who make disciples.

Visit www.plainviewchurch.online for more resources on making disciples at New Plainview Baptist Church.

NOTES





**NEW PLAINVIEW
BAPTIST CHURCH**

plainviewchurch.online