



## Truth for the Troubled Heart

### Group Discussion Guide

H

#### HIGHLIGHT

Read **Luke 24:36-53** aloud.

E

#### EXPLAIN

As we complete our journey in Luke, we begin by looking back at where we began. We have studied this book so “...that you may know the certainty of those things in which you were instructed.” Luke 1:4

In the next several days the followers of Christ would experience highs (Pentacost) and lows. They would experience some of the most difficult days of their life. Luke points out to us in the final verses of his gospel some anchors for the troubled heart.

Jesus appeared to his disciples and spoke several things to them where they were hiding out. No words so powerful as what he spoke in verse 36: “Peace to You!” Peace means to tie essential parts together as a whole. Peace is the bringing together the heart, mind, and soul together as we live in the presence of God. In the words of Billy Graham, “The peace of God comes from peace with God.”

Alexander MacLaren said, “Peace comes not from the absence of trouble, but from the presence of God.” Christ wants to speak peace into that essential area of life dominated by fear and worry.

Jesus reminded His disciples of the power of the scriptures and opened their eyes so that they could comprehend the scriptures (vs. 45). Jesus always kept the main thing the main thing.

Why is the Word of God is magnified above His Name? The gospel is found only in the Word of God which is our only hope of salvation (vs. 46). The Word of God tells us what we must do to receive forgiveness....repent (vs. 47). The Word of God is what we preach to the nations (vs. 47). The Word of God teaches us how to suffer (vs. 48). The Word of God reminds of the comforting power of the Holy Spirit (vs. 49).

The greatest thing we have to offer a troubled world is the gospel that has transformed us from worriers into witnesses and whiners into worshippers. We do not have to wait till heaven to worship. We have everything here and now to worship our risen King.

## APPLICATION

As we have finished the Gospel of Luke, what would you say gained most from this book?

Christ wants to speak peace into that essential area of life dominated by fear and worry. What areas of your life would you like for Christ to bring peace?

The greatest treasure we have for a troubled heart is the Word of God. In what ways are you relying on the Word of God during this pandemic?

The Word of God teaches us how to suffer. What would you say to someone who says that becoming a Christian means they do not have to suffer?

Jesus Christ will one day return to gather His church. Does the Coming of Christ bring rejoicing or regret to your life?

The more you enjoy worship here, the greater you will enjoy worship in heaven. Would you describe your life as a worshipper of God?

## RESPOND

Praise God for our study in the Gospel of Luke as a church family. Thank him that he has provided His word – the Bible – to us. Ask him for the grace to treasure his word and read it every day. Repent of those times that you've ignored or disobeyed his word. Pray for many more people to be worshippers of the Lord.

